

# The Advocate: Helping Ourselves Help Others

June 3, 2019

St. Albert Victim Services Newsletter

## St. Albert Victim Services



We provide support, assistance, information and referrals to victims of crime, violent acts and accidental or natural disasters within the City of St. Albert, Alberta in order to minimize the effect of their crisis and help return their lives to a desired degree of stability.



## Save The Date

**Anxiety  
Victims and Survivors of Crime Week  
Workshop**  
May 30, 2019, April 29 newsletter

**Social Media Course**  
June 03, 2019

**Safety Fair**  
June 9, 2019

**Advocate Meeting**  
June 13, 2019 @ 6:30 at detachment

**St. Albert Community Recognition Award  
Ceremony**  
June 17, 2019 @ 3:00 @ City Hall

**Board Meeting**  
June 20, 2019 @ 6:00 pm. Location to be announced.

**Mental Health First Aid**  
June 20 and 27 2019 (see May 13<sup>th</sup>)

**Family Violence Across the LifeSpan  
Workshops (see Feb. 25 newsletter)**  
June 26 and 27  
September 4 and 5  
December 4 and 5

All of the exciting past issues are located in the VSU office.



But Seriously...

When the cops show up at the neighbors and you pretend to water the plants in order to have front row



### June Birthdays

Marie-Catherine O'Neill-Schmidt - June 2

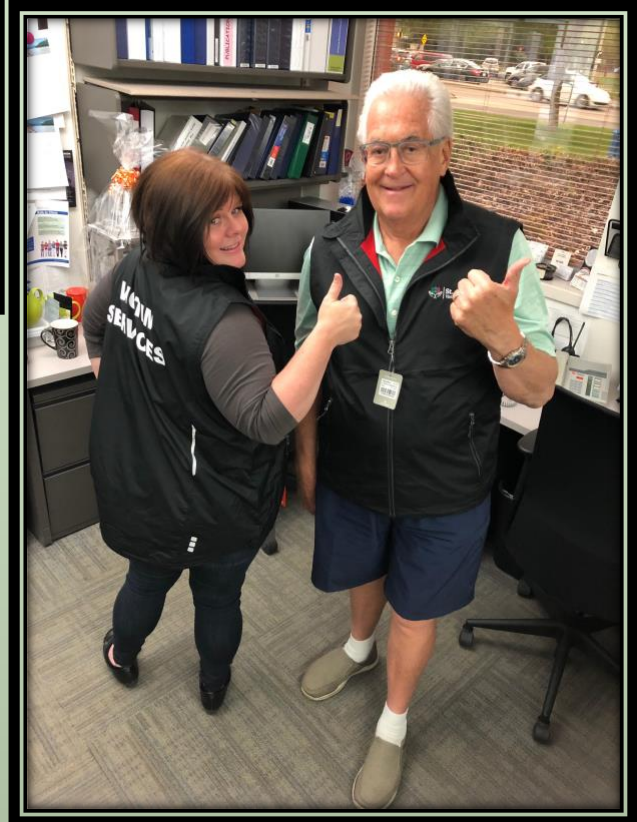
Diane Goodwin-NiNi - June 16

Lawona Power - June 17

Marie Rogers - June 29



VSU vests have arrived – please pick yours up the next time you’re in the office and make sure to initial that you received one on the form in the vest box. Please bring your old vest in.



We still have 10 complimentary tickets for VSU volunteers and their guests...first come first serve – e-mail Diane at [dianegoodwinnini@gmail.com](mailto:dianegoodwinnini@gmail.com)

There is still room for more volunteers for the Safety Fair. Connect with Grace if you would like to help out and haven't already submitted your name.

**Roadside sobriety tests are getting ridiculous. Last night I had to fold a fitted sheet...**

St. Albert VSU will be awarded the St. Albert Recognition Award in Chambers at City Hall on June 17, 2019 at 3:00 PM. All Advocates are welcome and encouraged to attend. We will have a celebratory BBQ at the Detachment immediately following the ceremony. RSVP to [dianegoodwinnini@gmail.com](mailto:dianegoodwinnini@gmail.com) if you are able to attend so we can prepare for the BBQ celebration.